

## O'CONNOR ATHLETIC CODE OF CONDUCT

O'Connor High School provides an athletic program for the benefit of the students in the Northside Independent School District. We believe that participation in a competitive athletic program can provide students an opportunity to learn responsibility, dedication, leadership, hard work, respect for rules, respect for authority, as well as other positive qualities. Regulations are established to promote these qualities and to help build and maintain a strong athletic program. **It is recognized that some of the expectations for student/athletes exceed the expectations for the general student body.** Athletes are expected to follow the district board policies, all athletic policies set by the district athletic department, and the O'Connor campus rules and policies. These expectations are 24/7 and 365 days a year. Violations of any of these rules will result in corrective and/or disciplinary action. The facts and circumstances will be taken into consideration when determining what actions will be taken.

1. Athletes are expected to maintain a favorable attitude and proper conduct in all settings. If the attitude and conduct of an athlete becomes a detriment to the program, the athlete can be dismissed from the program.
2. If an athlete is to miss a practice, meeting, or contest, he or she must notify the coach in advance.
3. Always be on time to classes, meetings, practice etc. Tardies will not be tolerated. First offense will result in disciplinary action.
4. Dress for athletes will conform to the standards set by the School Board, District policy, Athletic policy, and the grooming code that is recommended by the **Texas High School Coaches**

### **Association:**

**General:** Pants are to be worn around the waist. No sagging. Holes or torn pants are not allowed.

**Tattoos:** Are not allowed. However, if there is one present, it must be covered up during competitions.

**Males:** Hair - Extreme haircuts or hair colors as deemed by the coach will not be allowed. The hair should not extend from the head more than 2 inches or over the eyebrows. It should not be lower than the ear lobes or be below the top of the collar of a normal dress shirt. Sideburns - should be trimmed and should not extend below the lobe of the ear and should be the same width from top to bottom. Facial hair - the athlete shall not wear a mustache, goatee, or beard. The athlete is expected to shave every day. Body piercings other than earrings are not allowed. Earrings may not be worn during practice or contests.

**Females:** Extreme hair cuts or hair colors will not be allowed. Facial body piercings (except for earrings) will not be allowed. Those are to include eyebrow rings, lip rings, tongue rings, nose rings or any other facial rings. Clothes should be presentable for an educational environment. Workout clothes should be appropriate and **may not include a sports bra as the only top being worn.**

5. You are responsible for returning all issued equipment and taking care of all the athletic facilities. You may only wear school issued clothing for practice or contests.
6. Profanity will not be tolerated. First offense will result in disciplinary action.
7. All decisions concerning an athletic team will be based first on what is best for the team and then what is best for the individual.
8. If at any time an athlete quits or is dismissed from the team in or out of a season, he/she gives up all rights to any honors he/she has earned but not yet received. If an athlete quits, he/she must complete the following procedure: 1. Meet with the head coach of that sport. 2. Convey to his/her parents so that they fully understand he/she is quitting the program and the circumstances associated with quitting the program. A letter must be submitted by the parents. 3. He/She forfeits

- the right to participate in that sport or **any other sport** until that current season is over.*
9. *An athlete cannot participate in more than one sport at a time unless those sport seasons start at the same time and it is agreed upon by all parties involved.*
  10. *Athletes are expected to act beyond the standards of the general student population as they are the leaders of our school and community. An athlete who is disciplined by the school's administration for a disciplinary problem can be subject to further disciplinary action by the coach of his or her sport. (Action is up to the discretion of the Athletic Department).*
  11. *It is recognized that high school sports take precedent over all club sports. Athletes should be aware that if club sports ever conflict with high school sports, the athlete must participate in high school sports first. It is also noted that all injuries incurred during club sports will be the sole responsibility of the athlete. The school athletic trainers will not treat or rehab any injuries that are incurred during club play.*
  12. *Alcohol/Drugs/Tobacco/Theft: Will not be tolerated. If found guilty on any of these offenses, the District's Extra-Curricular Code of Conduct will be enforced.*
  13. *You are responsible for all Social Media posts in your name. Any inappropriate posts will be dealt with according to the District's Extra-Curricular Code of Conduct.*
  14. ***Coaches of particular sports have the authority to enforce additional rules and regulations at their discretion. See the athlete's handbook of that sport for added athletic policies.***

***“Love Navy, Live Gold”. Support all teams at O’Connor High School.***

*I have read and understand the Campus Athletic Code of Conduct*

*Athlete Name (Print):* \_\_\_\_\_

*Athlete's signature:* \_\_\_\_\_

*Parent/Guardian (Print):* \_\_\_\_\_

*Parent/Guardian signature:* \_\_\_\_\_

*Date:* \_\_\_\_\_